

PEACE PLACE STEPS

1. Get Started

Rules:

- Agree to solve the problem
- Take turns talking using a talking piece; no interrupting
- No name calling or put downs
- Be honest & listen to the other person

2. Tell Your Story Using I Messages

- Person #1: Talk about what happened and how you feel
"I feel _____ when you _____ because _____"
- Person #2: Restate what you heard
"You feel _____ when I _____ because _____. Is that right?"
- Person #2: Talk about what happened and how you feel
"I felt _____ when you _____ because _____"
- Person #1: Restate what you heard
"You felt _____ when I _____ because _____. Is that right?"
- Using the talking piece, find out together what the real problem is

3. Talk About What You Need and What You Can Take Responsibility For

- Person #2: Say what you need
"I need _____. I can take responsibility for _____"
- Person #1: Say what you need
"I need _____. I can take responsibility for _____"

4. Find a Solution Both of You Can Agree On

- Talk about what you both can agree to
- Say anything else you need to say
- If you want, shake hands and thank each other for working it out!